

**CORTLAND COUNTY
AREA AGENCY ON AGING
CAREGIVERS SUPPORT GROUP**

JOIN US ON ZOOM!!!

**JANUARY 27TH
FROM 3-4 PM**



**TO FIND OUT HOW TO JOIN OR
FOR MORE INFORMATION CALL
THE CAREGIVERS' RESOURCE CENTER
AT 607-753-5060 OR EMAIL:
CCAPUTO@CORTLAND-CO.ORG**

Selfless Love... What we do for ourselves dies with us. What we do for others and the world remains immortal. - Albert Pine



The Cortland County Area Agency on Aging is sponsored by the Cortland County Legislature in conjunction with the New York State Office of the Aging under the Title III of The Older Americans Act of 2016, as amended.