

**CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING**  
**of CORTLAND COUNTY**  
**COMMUNITY SERVICES BOARD**

**Meeting Minutes – October 12, 2022 - 12:00 NOON**  
**LIVE IN PERSON – ROOM 302 COUNTY OFFICE**  
**BUILDING, 60 CENTRAL AVE, CORTLAND**

**CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall**

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**Members Present:** Tiffanie Parker – Chair, Douglas Bentley, Aris Dysert, Jackie Leaf, Nicholas Lynch, Amanda Howlett (6)

**Members Absent:** Timothy Lockwood, Beckey Lumley and Sara Watrous

**Others Present:** Sharon MacDougall (Director CCCS), Amanda Stout (Family and Children Counseling Services), Courtney McCallen and Haile Cutter (Health Department), Matthew Whitman and Nicole Carter (CACTC and HEALing Communities), Patty Schaap (Deputy Director Community Services and County MHD), Cristin Marshall (SPOA Coordinator, CCMHD), Matthew Skojec (Clinical Director of MH Programs, CCMHD) and Gail Spitzer (Secretary) (10)

**Call to Order:** 12:05 p.m. – by Chair, Tiffanie Parker

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Tiffanie Parker welcomed and thanked everyone for attending – Director Sharon MacDougall noted this is the first in-person meeting she has attended, of these boards, since she began working for the County in March of 2020

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**Agenda Item:** Approval of Meeting Minutes September 7, 2022 - Tabled until November meeting

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**Agenda Item:** Draft Local Services Plan – Discussion

Tiffanie Parker: Part of Ad Hoc Committee that met over the summer, along with Kathy Reynolds, Timothy Lockwood, Jeff Beal, Elizabeth Larkin, Kimberly Corbett, Marianne Odell, Sara Watrous and Sharon MacDougall – Plan is now about 95% done / Sharon MacDougall walked everyone through the plan. / First quarter of next year work will begin process of preparing Plan again as it dramatically changes to a four year cycle / Thank you to the Committee members – utilized SMART (Strategic, Measurable, Attainable, Relevant and Time Bound) Goals



FINAL 2023 Cortland  
LSP.docx

discussion of inclusion of high school students, SUNY Cortland students, senior citizen population relative to calculating overdose deaths – where would “off campus” students incidents be included? / include subset population of senior citizens? – overdoses of prescription meds (add NY Connects and Long Term Care Coalition – relevant sources) / capture true data, part of key goals / ensure college population is captured / Jail involvement

Final vote of approval will be brought to the Community Services Board / Tiffanie: responsible for monitoring the Plan – include a standing item on agendas – are goals being achieved? – what can be different if not – use data to make positive change in community / Plan also informs the State of the needs in our County – role is critical

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**Agenda Item:** Community Updates:

Tiffanie Parker (Department of Social Services) – Homeless population – work with local providers; i.e., law enforcement, CCOCC, COTI team, DSS, etc. – doing homeless outreach on October 20 – two teams, one with Sheriff’s Department and one with City PD – existing, known, encampments – bringing food, Narcan, and information to aid / Warming Center reopening on November 1, pending weather / Amanda Howlett (DSS) – certain weather criteria, activates “Code Blue” offering warming options; i.e., authorization for staying inside the County Office Building during the day

Matt Skojec (County Mental Health Clinic) – preparing for OMH site visit, expected this month – nearing completion of having all assessment tools loaded in Electronic Health Records / completed review of trending data; client deaths continue to be high – many different causes of death

Nicole Carter (CACTC – HEALing Communities) – Multiple work groups will lay out action plan to recommend to leadership team – plan to get to the overall outcome of reducing opioid overdose deaths / Matt Whitman – all five school districts have agreed to be part of the survey this year – last week of October through first week of November – results ready in December / partnering with Seven Valley Health Coalition “Life Needs” assessment – data collection tool adopted from Onondaga County – 20 y/n questions – make connection between data and actual need – Agencies participating: CAPCO, YWCA, ATI, CCOCC, CACTC, Health Department

Doug Bentley (County Legislature) – 2023 budget discussions – Legislators approval departments’ requests to create new positions – then can’t find people willing to fill positions – workforce seems to be the biggest conflict with the budget this year / Community meeting at Cortland Library to discuss homelessness – book review in Cortland Standard by Doug “This is all I got – a new Mother’s Search for a Home”

Amanda (Mandy) Stout (Family & Children's Counseling Services) – \*\*F&CCS getting additional funds to provide prevention programming in the schools – Melissa Simmons will be working on ideas for implementing OASAS-type of programs / staffing still big challenge – down 2 to 3 full time employees – trying to triage and take highest need children as priority and very short staffed in the schools / Sharon explained: \*\*Cortland Schools have stepped out of their contract and money previously used by school, negotiating with OASAS to transition funds to F&CCS to facilitate their services in the schools / Patty Schaap (Deputy Director County Mental Health) – she and Cristin attend regional social workers meetings – will accommodate for an older youth in setting up a private room for telehealth appointment

Captain Nicholas Lynch (Cortland County Jail) – MAT (medically assisted treatment) rolled out not linked with any court outcomes – full time counselor from F&CCS – logistical nightmare – four participants to date but have 20, individuals pending various levels of clearance

Courtney McCallen (Health Department) – working with CCOCC to provide cancer screenings for unsheltered individuals / staff liaison for Narcan van that comes to the parking lot – ensure of distribution within County limits

Aris Dysert (Conifer Park) – openings outpatient, Liverpool – shortage of staff – physical building changes at inpatient

Cristin Marshall (SPOA – Cortland County Mental Health) – worked with Haile for "readiness survey" slowly beginning to receive responses – approved for 988 bridge signs – list of 6 and Traffic Safety Board brought up possibly 3 more places

Patty Schaap (Deputy Director, County Mental Health) – as Compliance Officer, will be a standing item on the CSB Agenda

CHA / CHIP – COMMUNITY HEALTH ASSESSMENT – COMMUNITY IMPROVEMENT PLAN DASHBOARD

Next meeting is November 2, 2022 – In person

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**Agenda Item:**     Adjourn     Chair: Tiffanie Parker – Adjourned meeting at 1:37 p.m.

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Questions about meeting minutes contact Gail Spitzer – [gspitzer@cortland-co.org](mailto:gspitzer@cortland-co.org) – 607-428-5482