

**CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING**  
**of CORTLAND COUNTY**  
**COMMUNITY SERVICES BOARD**

**Meeting Minutes – September 7, 2022 - 12:00 NOON**  
**Remote Virtual Meeting - WebEx**

**CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall**

**Members Present:** Tiffanie Parker – Chair, Timothy Lockwood – Vice Chair, Douglas Bentley, Aris Dysert, Beckey Lumley, Nicholas Lynch, Amanda Rainbow and Sara Watrous (8)

**Members Absent:** Timothy Lockwood, Jackie Leaf, Sara Watrous and Doug Bentley

**Others Present:** Sharon MacDougall (Director CCCS), Tom Lipa (TC3 Teacher), ReBecca Smith (Youth Bureau), David Guerrero (City PD), Angela Romano, Amanda Stout and Lisa Hoeschele (Family and Children Counseling Services), Shawna Craigmile (Helio Health), Jessica Janssen, Katarina Wehmeyer and Eleni Evans (Cayuga Addiction Recovery Services – CARS), Lorrie Warren (Guthrie Cortland Hospital), Haile Cutter (Health Department), Michael Eastman (ATI), Valerie P (Catholic Charities of Cortland County), Aster Parrott, Nicole Carter (CACTC and HEALing Communities), Patty Schaap (Deputy Director Community Services and County MHD), Cristin Marshall (SPOA Coordinator), Matthew Skojec, Clinical Director of MH Programs (Cortland County Community Services) and Gail Spitzer (Secretary) (21)

**Call to Order:** 12:05 p.m. – by Chair, Tiffanie Parker  
**Minutes**

As everyone logged on, Tiffanie Parker welcomed and thanked everyone for attending – Welcome new member

**Agenda Item:** Approval of Meeting Minutes April 6, 2022 Motion requested by Chair, Tiffanie Parker – no changes  
comments or corrections to the Minutes;

✓ Motion made by Tim Lockwood, seconded by Amanda Rainbow – unanimously approved

**Agenda Item:** Discussion of Membership vacancy

Michael Eastman with Access to Independence / Motion by Amanda Rainbow, second Timothy Lockwood – unanimously agreed

**Agenda Item:** Presentations

\*\*CARS (Cayuga Addiction Recovery Services) Eleni Evans, Katerina Wehmeyer, Jessica Janssen



CARS Presentation  
9.7.pptx

pursuing a site based opioid treatment program – OASAS application – help develop methadone treatment in Cortland County Jail – meeting with Jail staff – hoping for physical location by 2023 – Tiffanie Parker; what type of support can be helpful from CD Subcommittee, CSB? Propose to work with DCS, Sharon MacDougall for letter of support

\*\*HEALing Communities (Help End Addictions Long Term) – Sara Watrous, Aster Parrot, Nicole Carter



Healing Cortland  
Updates to CD Subco

implementation stage started in July – coordinate efforts within community – work on community engagement, large scale awareness training – working to reduce stigma, collect data and statistics and create workgroups and campaigns

**Agenda Item:** Local Services Plan – Discussion

Progress and next steps – Ad Hoc committee working over the summer – plan not complete but will go before the Subcommittees in October and final version to be voted on by the CSB in time to be submitted to the State by 10/31/2022

**Agenda Item:** Community Updates:

Haile Cutter (Health Department) SPEAK UP – Chalk the Walk as part of September is Suicide Prevention month – submit pictures to FB

ReBecca Smith (Youth Bureau/Health Department) – Youth Bureau has received \$7,159 for sports and recreation – board members met, money will pass through Access to Independence, United Way and Cortland Prevention Services – for programing developed in 2020 / in 2023 would like to develop some programing in the rural areas of Cortland County – for example, working with the town of Virgil to develop after school programs

Lorrie Warren (Guthrie Cortland Hospital) – upgrade renovations are moving ahead with MH space in the emergency department – 1E psychiatric unit is next for upgrade

Michael Eastman (Access to Independence) – Agency will do Naloxone training – has kits and prepared

Captain Nicholas Lynch (County Jail) – Jail has begun with “Medically Assisted Treatment” with Buprenorphine and Vivitrol, Family and Children’s Counseling Services (F&CCS) providing full time clinical support – Legislature did approve increase in costs for implementation / Continues to be a problem in the facility; design and space issues – Covid requires greater separation exacerbating the issue – have great support from community providers

Amanda (Mandy) Stout (F&CCS) – Counselor began full time at the Jail to help implement new MAT program – will be hiring to fill that position from the Clinic / some confusion regarding integrated services offered – under umbrella of OASAS and OMH – does not have to be a need for both services – can offer one or both services and can split between County’s MH facility and F&CCS CD services / running many groups and still offering hybrid option – currently reassessing need for telehealth and when it is best option – it does accommodate a multitude of needs, like transportation but also has barriers in treatment – hoping to increase in person group attendance

Matthew Skojec (Clinical Director MH Programs, Cortland County Mental Health Department) – third time this year have broken a record for the total number of sessions held – hired an NPP and interviewing for an RN and will be looking for an LMSW (Mental Health Clinician) – have PSYCKES project for integration with substance use assessment

Cristin Marshall (SPOA Coordinator, CCMHD) – Adult SPOA is up and running; 30 referrals since April – children’s SPOA has had approximately 40 referrals / youth ACT team ready to take referrals for individuals from age 10 to 21

Amanda Rainbow (Howlett) (DSS Adult Service Supervisor) – homeless population increasing - have seen record number of families with minor children – working with schools to get them enrolled as soon as possible / Amanda is also a BOCES instructor in evenings – teaching 10 week course – learn skills to become a patient advocate – class is FREE

Beckey Lumley (Catholic Charities) – Charles Street residence full with long waiting list – recovery apartment has one opening for a female

Valerie Partridge (Catholic Charities) – new with Charities, working to expand open hours at Wellness Center

Deputy Chief David Guerrero (City PD) – completed 10<sup>th</sup> CIT training – Cortland City PD are 95% trained – thanks to Seven Valley Health Coalition for organizing this most recent training – calls for drug related cases are down – attributes it to the number of people trained to use Narcan kits

Next meeting is October 12, 2022 – In person

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**Agenda Item:**     Adjourn     Chair: Tiffanie Parker – Motion to adjourn by Nicholas Lynch, seconded by Beckey Lumley 1:26 p.m.

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Questions about meeting minutes contact Gail Spitzer – [gspitzer@cortland-co.org](mailto:gspitzer@cortland-co.org) – 607-428-5482