

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – February 3, 2021 12:00 NOON
Remote Virtual Meeting - WebEx

CHAIR: Matthew Whitman ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall

Members Present: Matt Whitman – Chair, Tim Lockwood – Vice Chair, Jackie Leaf, Nicholas Lynch, Robert Pitman and Doug Bentley, Ex-Officio Legislator

Members Absent: Tiffanie Parker

Others Present: Sharon MacDougall (Director CCCS), Lisa Skills (Guest presenter: NYSDOH AIDS Institute Office of Drug User Health), Marie Walsh and Beckey Lumley (Catholic Charities of Cortland County), Michele Gravel (JM Murray Center), Lisa Hoeschele and Amanda Stout (Family and Children Counseling Services), Sara Watrous, Jacqueline Allen and Travis Young (CACTC – HEALing Communities), Tom Lipa (Teacher), Jonathan Crandall (Central PGRC), Amanda Rainbow (DSS), Ashley Daily (Prevention Network), Aris Dysert (Conifer Park), Cathy Bischoff (County Legislator), Beth Pittman (Southern Tier AIDS Program/Syringe Exchange), Matthew Fallico (?), Teresa VanHeusen and Patty Schaap (CCDMH), Haile Cutter (Intern for Patty Schaap) and Gail Spitzer (Secretary)

Call to Order: 12:05 p.m. – by Chair, Matt Whitman

Minutes

As everyone logged on, Matt Whitman suggested everyone type their names in the chat portion of the screen

Agenda Item: Approval of Meeting Minutes November 4, 2020 Motion requested by Chair, Matt Whitman

✓ Motion made by Tim Lockwood, seconded by Jackie Leaf – no comments or discussion, unanimously approved

****ORGANIZATIONAL MEETING**** - Sharon MacDougall, Director of Community Services

Elections held in January of the officer nominations – Congratulations Chair, Matt Whitman and Vice Chair, Timothy Lockwood who will both continue as CD Subcommittee officers

Resolutions to move forward with membership approval to Health and Human Resources meeting on February 9 and to the full Legislature on February 25, 2021 to renew Matt Whitman’s membership and to approved and appoint new members: Aris Dysert, Amanda Rainbow and Beckey Lumley / Sharon thanked the Nominating Committee / Sharon will attend the Legislative meetings to answer any questions the Legislators may have

Agenda Item: Representative from NYS Office of Drug User Health Lisa Skill

Matt Whitman: there will be a 20-minute presentation followed by a discussion of the increase in overdoses in our community – Matt introduced the speaker, Lisa Skill (Topic is Drug Related Stigma)



Stigma and MOUD
Cortland Power point :

Excellent presentation – explain myths, misconceptions, stigmas regarding substance use disorders, the individuals and treatment / This power point and other material will be provided as requested / Lisa Hoeschele (Family & Children’s Counseling Services) this information would be helpful to share with Drug Court and other public servants to broaden awareness of other types treatments and the other issues covered in this presentation / Lisa Skill – OASAS has completely changed its operation into one of harm reduction because of increased education and leaders who understand the science behind addiction and treatment – much of the success of education relates directly with the messenger / also challenging people to change the language – can change the message / Chair Matt Whitman thanked Lisa Skill for the presentation

Agenda Item: Discussion: Increase in Overdoses

Matt Whitman (Director of CACTC): Because of the short amount of time remaining, Matt asked any agency representatives to forward updates to share, to Gail Spitzer to include with these minutes gsplitzer@cortland-co.org

Increase in number of overdoses recently but also in 2020 and how can this committee help to address these issues in our County – Lisa Hoeschele: had a conversation with the Cortland City Mayor, Brian Tobin – there will be a presentation at the City Council meeting on February 16 – intended to heighten awareness of the current opioid crisis in our community / Amanda (Mandy) Stout F&CCS – since October of 2020, have handed out 108 Narcan kits – working closely with Sara Watrous (CACTC – HEALing Communities), have two scheduled weekly Zoom call-in events / pop-up events (to educate and distribute Narcan kits) distributed 42 kits in two hours at an event in December / eleven “train the trainer” events upcoming – monthly pop-up events planned

Agenda Item: Director's Report Sharon MacDougall

Sharon will email director's report – copy attached: / Sharon mentioned the State budget and the community update of SIMS grant in close alignment with law enforcement and our courts



CD DCS report
2-2021.docx

Future Meetings: Matt would like to maintain the opioid crisis as an ongoing item on the future Agendas – discussing what is going on and what can be done in the community / larger conversation about harm reduction, stigma, correcting language can be imbedded how agencies and other people need to hear the messages i.e. More presentations and who would benefit

Matt Whitman – Next meeting will be March 3, 2021

Agenda Item: Adjourn Chair: Matt Whitman adjourned the meeting 1:10 p.m.

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482