

CHEMICAL DEPENDENCY SUBCOMMITTEE MEETING
of CORTLAND COUNTY
COMMUNITY SERVICES BOARD

Meeting Minutes – March 2, 2022 - 12:00 NOON
Remote Virtual Meeting - WebEx

CHAIR: Tiffanie Parker ~ VICE CHAIR: Timothy Lockwood ~ DIRECTOR: Sharon MacDougall

Members Present: Timothy Lockwood – Vice Chair, Aris Dysert, Jackie Leaf, Beckey Lumley, Amanda Rainbow, Sara Watrous and Douglas Bentley (Legislator Ex-officio (6 plus x-o))

Members Absent: Tiffanie Parker and Nicholas Lynch

Others Present: Sharon MacDougall (Director CCCS), Amanda Stout and Angela Romano (Family and Children Counseling Services), Mark Helms (Cortland County Sheriff), Tom Lipa (TC3 Teacher), Catherine Wilde (Seven Valley Health Coalition), Angie VanDeWeert (County District Attorney’s office), Jordan Ashley (Cortland School District), ReBecca Smith (Cortland County Youth Bureau), Lauren Anderson (CNY Area Health Education Center), Michael Eastman (ATI), Dean O’Gorman (STAP), Matt Whitman (CACTC), Sara Dodd (SU Student), Patty Schaap (Cortland County Community Services) and Gail Spitzer (Secretary) (16)

Call to Order: 12:03 p.m. – by Vice Chair, Timothy Lockwood
Minutes

As everyone logged on, Tim Lockwood welcomed and thanked them for attending

Agenda Item: Approval of Meeting Minutes February 2, 2022 Motion requested by Vice Chair, Timothy Lockwood – no changes comments or corrections to the Minutes;

✓ Motion made by Doug Bentley, seconded by Jackie Leaf – unanimously approved

Agenda Item: Presentations:

CACTC School Survey Results – Annual substance use survey – 142 questions – adding questions about mental health – follow trends – this year surprisingly, 30 day use down to 13.6 % - downward trend since 2019 – well below national rates – lowest it has ever been / Tobacco use at an all-time low / {insert power point here} / Sharon MacDougall asked about projected changes as a result of the legalization of marijuana – conflicting reports, but generally little movement to date

Conifer Park – Aris Dysert, Regional Coordinator – role evolved with the onset of Covid – able to do mobile intake on request, can be different sources, i.e., Courts, jail – Aris recommends contacting her directly to ease the process, more efficient than phone (adysert@libertymgmt.com) – 315-313-0341 **(34:22)** described different programs – Mental Health veterans’ program – 6 buildings - closest to Cortland is Liverpool – peer advocate / patients still required to wear masks – do test before admitted – patients get a little bit anxious over the size of the building

Agenda Item: **Presentations**

STAP (Southern Tier Aides Program) John Barry

At the end of October 2021, STAP was awarded funds CDC, Covid 19, public health crisis funds – STAP is a public health agency – two year award – already working to make program sustainable – harm reduction services – services travel to different counties / team will spend lots of time on the road – focus of service, safer injection equipment, Naloxone distribution, HIV and Hepatitis C testing – additional piece of grant, \$30k per year to be used for a new program called “NY Matters” intended to help encourage people to seek treatment and therapy – the largest number of participating providers or organizations are in Buffalo, its origin / have hired a “Regional Care Coordinator” will search for prescribers willing to use this platform and arrange peer support, transportation, transfer documentation, monitor pharmacy voucher submissions / locally, the van will be in Homer on February 8 – plan to be in area once a week, initially – does not want to advertise on social media, prefer to spread word more slowly / not just a “one and done” – it is harm reduction, to engage people

HEALing Communities (Helping to End Addiction Long-term) Sara Watrous

Money awarded to Cortland County and other counties in NYS – Cortland phase 2 – roll out full implementation in July 2022 / Goal: Reduce opioid related overdose deaths by 40% - working with a team at Columbia University / will be forming a “steering committee” in the Spring / focus on wide distribution of Naloxone – access to medications and safer prescribing practices / last year and a half, supporting work already being done with Naloxone – 2021 over 1700 kits of Naloxone were distributed / Help us spread the word of the next Narcan Pop Up: <https://fb.me/e/16Ld2wTZT>

CNY Area Health Education Center (<https://cnyahec.org/>) Lauren Anderson

Currently working with RCRP (Rural Communities Response Program) – 14 counties in NY, with 9 locations – there are three focus areas: Prevention – Treatment – Recovery / Three year project, ending August 2024 – trainings coming up Feb 28 & April 29 – Dr. Judy Griffin – MAT training – will send literature to Gail Spitzer to distribute / one of the objectives of HEALing Communities is to increase the number of providers able

and willing to provide medically assisted treatment (MAT) – the trainings provided by CNYAHEC will increase opportunities for physicians to fill this need in the County

CHAMPS (Community Health Access to addiction and Mental Healthcare Project) Marguerite Falso, Family and Children’s Counseling Services

Marguerite a CHAMPS advocate – CHAMPS goal to educate providers, families and individuals of their legal rights to coverage / will investigate and resolve complaints – free and confidential service to all patients and providers – funded by OASAS (NYS Office of Addiction Services and Supports) – CHAMPS created because of a history of discrimination in insurance coverage – many consumers forced to go out of network for treatment – Marguerite will send brochure to Gail for distribution

Agenda Item: Community Updates:

(Patty Schaap in CHAT) – Deputy Director County MH Department – SPOA update – there is an increase in substance use with teenagers and a refusal for inpatient rehabilitation services – contact Patty with any questions pschaap@cortland-co.org

Tiffanie Parker (Director, Department of Social Services) – Family & Children’s division has entered into a contract with Cayuga Medical Center to provide safe care, community based program – for parents and children up to age 5 with cases in Child Protective Services at DSS – two coaches – program of 10 to 12 cases – duration between 18 and 20 weeks – very complex, children and families with history of depression, substance use, intellectual disability, domestic abuse, parent recently released from incarceration – Sharon: being proactive in working with young families and at risk youth, will help to avoid bigger problems in the future – prevention approach rather than reactive

Amanda Rainbow (Director Adult Services, Department of Social Services) – beginning March 1, State is taking over ____ long term care program – assessments will be done by independent third party – and independent medical professionals will make recommendations for services in the home

Alexandra Mikowski (Executive Director - ATI) and Michael Eastman (Access to Independence) – along with other local providers, agencies and businesses selling bus passes,



All Locations Monthly
Bus Passes (8.5 x 11 i

Douglas Bentley (County Legislator) – advised CD Subcommittee as to status of a proposed Bath Salts law – has not gone through Legislative Board approval – sent to the County Attorney for review – will keep this Subcommittee updated

ReBecca Smith (Health Department – Youth Bureau) – Department has new leadership and has just been released from Covid – restructure how programs are run – in March, resolution will be put forth to accept allocations before notified by OCFS / Youth Board has mostly new members, except Legislators and CAPCO representative / GEMS program at YWCA – not a member curriculum “human trafficking” risks and how to protect themselves – 5 week curriculum / so glad to be back! Good to have her back!!

Sharon MacDougall (County Mental Health Clinic) – added newest OMH Certified program CMHRS (Child MH Rehabilitations Services) serving children and expanding quickly – in partnership with Social Services / have been without a Clinical Director for seven months, in the middle of a workforce crisis – she and senior social work staff have taken on a lot – handling many crisis walk-ins – critical to get Clinic Director on board and hoping to get support from Legislature next week / happy to promote from within; Patty Schaap SPOA Coordinator is not the Deputy Director – will continue and expand System of Care (SOC) – and help to update quality expectations – update Privacy and Corporate Compliance policies and procedures, extremely complex with State and Federal laws – working on initiative with CCSI – Patty will become fully certified as the Corporate Compliance officer / vacancies in outpatient Clinic

Timothy Lockwood (Catholic Charities of Cortland County) – preparing to do the annual homeless count and submission – starting a month late this year – seeking volunteers and any thoughts about locations to include in check - contact Tim with any information tlockwood@ccocc.org

Tim introduced Valerie Partridge – peer specialist working at the Wishing Wellness Center – does a great job / Sara Watrous: Valerie is a certified Narcan trainer and on ___Cortland Advisory Board

Agenda Item: Director’s Report (report below) Sharon MacDougall, DCS

Posted and shared with group – Crisis Stabilization Centers RFP issued by OASAS and OMH to develop 12 new Intensive Crisis Stabilization Centers



CD DCS report
2-2022.docx

Tiffanie Parker – Next regular CD Subcommittee meeting will be **March 3, 2022 at 12:00 noon**

Agenda Item: Adjourn Chair: Tiffanie Parker – THERE BEING NO OTHER BUSINESS, THIS MEETING IS ADJOURNED 1:31 p.m.

Questions about meeting minutes contact Gail Spitzer – gspitzer@cortland-co.org – 607-428-5482