



RESOURCES  
FOR  
FAMILIES  
IN CORTLAND COUNTY



CORTLAND COUNTY  
COMMUNITY RESOURCES

*For families with young children including those with disabilities*

## **FAMILY SUPPORT**

**Exceptional Family Resources: Parent to Parent of New York State Program** *Parents Helping Parents.* Puts the parent of a child with a disability in touch on a one-on-one basis with a trained, supportive parent whose child has a similar or related disability. Offers support, encouragement and practical tips for families, information on resources and support groups. Based on the philosophy that parents who themselves have experienced the joys and frustrations of parenting a child with special needs can be a valuable resource to other parents. No fee. 1820 LeMonyne Ave., Syracuse, NY 13208 ~ Phone: 315- 478- 1462 x322 or 1-800- 305- 8815

### **Resources and Advocacy for Inclusion, Inc.**

Advocacy, Networking & Resources for families with children who have developmental disabilities.

P.O. Box 755, Marathon, NY 13803 ~ Phone 849- 4444

### **The Parent Network**

A program to support parents, their children with special needs, and the entire family. Funding is available to address specific family needs as identified.

Franziska Racker Center 882 Route 13 Cortland, NY 13045 ~ Phone 753- 9375.

### **MORE- STEPS**

A group for young men and/or women ages 13- 21 who are interested in learning more about the important issues in their lives. Topics include communication, decision- making, relationship building and reproductive issues. Sponsored by Catholic Charities. 33 Central Ave., Cortland, NY 13045

Phone: 753- 8626.

### **Cortland Family Fun & Resource Center**

Place to take your child to interact with other children and participate in crafts and fun activities. Field trips for children, parents and caregivers. Sponsored by Cortland County Cornell Cooperative Extension. 29 Main Street, Cortland, NY 13045 ~ Phone 753- 1351

### **AVV (Aid to Victims of Violence)**

24- hour crisis intervention program providing support, service coordination, counseling, and emergency shelter for victims of family violence, incest, sexual abuse, or assault and rape.

**24 Hour Crisis Hotline** 756- 6363 or 1- 800- 336- 9622.

**Office Hours:** Monday through Friday 8AM- 5PM Office phone ~ 753- 3639. 14 Clayton Ave., Cortland, NY 13045

### **Cortland County Mental Health Children's Services**

Serving children over the age of 3. Parent or guardian can call to set up an appointment if there is a concern about a child's emotional health or behavior. Assessments of up to three sessions to determine whether the child is showing normal behavior for his/her age or would benefit from intervention. Medicaid and all other insurances accepted. Sliding fee scale available if no third party coverage.

7 Clayton Ave. Cortland, NY 13045 ~ Phone: 758- 6100.

### **Family Counseling Services**

Provides individual, family marriage, informal youth, and school outreach counseling as well as drug and alcohol treatment.

10 North Main Street, Cortland, NY 13045 ~ Phone: 753-0234

### **Cortland County Mental Health Clinic**

Outpatient mental health evaluation and treatment available to Cortland County residents. Includes individual, group, and family therapy. Medicaid and all other insurances accepted. Sliding fee scale available if no third party coverage.

7 Clayton Ave. Cortland, NY 13045 ~ Phone: 758-6100.

### **Bridges for Kids**

Volunteer program providing friendship, support and guidance to children ages 5-12 who have experienced family stress. Sponsored by the Cortland YWCA - Website:

[www.cortlandywca.org](http://www.cortlandywca.org)

14 Clayton Ave., Cortland, NY 13045 ~ Phone 753-9651

### **Model MOMS**

A free parenting program that provides support and companionship to moms of all ages. The program provides moms an opportunity to exercise and to learn cooking skills, food preparation, family budgeting and good parenting techniques in a comfortable and social environment.

Sponsored by Cortland YWCA.

14 Clayton Ave., Cortland, NY 13045 ~ Phone: 753-9651 ~ Website: [www.cortlandywca.org](http://www.cortlandywca.org)

### **New Justice Conflict Resolution Services, Inc.**

Offers mediation/conciliation services as an alternative for individuals in conflict. Mediation is an intervention technique which allows participants to reach a mutually satisfying agreement on their differences.

McNeil Building 17-29 Main St. Suite 412 Cortland, NY 13045 ~ Phone 753-6952 ~

Website: [www.newjusticeservices.org](http://www.newjusticeservices.org)

### **Take-A-Break Program**

Cortland-Chenango Rural Services

Informational and social programs during the months of March and April covering a variety of topics, like family and children's issues, health, crafts, budgeting.

2704 Lower Cincinnatus Road, Cincinnatus, NY 13040-0057 ~ Phone: 863-3828

## **CHILD CARE**

### **Low Income Day Care Subsidy**

Families may be eligible for daycare financial assistance if they are eligible. Participants must be working and meet the income eligibility guidelines. Please contact the Department of Social Services for an application and more information.

60 Central Ave. Cortland, NY 13045 ~ Phone: 753-5230

### **Cortland Area Child Care Council**

A resource and referral agency in the Early Childhood field. Information about the availability of family daycares and center-based daycares in Cortland County. Also coordinates the Childcare Food Program.

111 Port Watson St. Cortland, NY 13045 ~ Phone 753-0106.

## **INFORMATION**

### **Early Intervention Program Library**

A small selection of books on child development and disabilities is available at the Early Intervention Program.

60 Central Avenue, Room 120, Cortland, NY 13045 ~ Phone: 756-3439.

### **Early Childhood Direction Center (ECDC)**

A regional clearinghouse providing information, referral, support to families and professionals concerned with young children who may have a special need. Serves Central New York area.

805 South Crouse Avenue, Syracuse, NY 13244 ~ Phone: 1-800-962-5488 or 315-443-4444.

Website: <http://ecdc.syr.edu>

### **Asthma Coalition of the Southern Teir @ Cortland Regional Medical Center**

The coalition offers professional educational programs in the community, education for children about asthma and case management. In home education available to children who have been hospitalized or visited an urgent care facility related to an asthma illness. Monday-Friday 8:00am-4:30pm.

134 Homer Ave. Cortland, NY 13045 ~ Phone 756-3807.

### **Seven Valleys Council on Alcoholism & Substance Abuse, Inc. (7VCASA, Inc)**

Information, education, and referral services for all residents of the Cortland County area.

Lending library of books, videos, audio tapes, slides, and other reference materials. Library is open Monday through Friday 9am to 5pm. 7VCASA also can provide information about Cortland County Self-Help meetings: Alcoholics Anonymous, Adult Children of Alcoholics, Al-Anon, Alateen, Emotions Anonymous, Families Anonymous, Mentally Ill Chemical Abuser, Narcotics Anonymous, Overeaters Anonymous.

E-Mail: [prevent@7VCASA.org](mailto:prevent@7VCASA.org)

Website: [www.7vcasa.org](http://www.7vcasa.org)

29 Central Ave., Cortland, NY 13045 ~ Phone 756-8970

### **Health Education Division**

Cortland County Health Department. Educational information and programs on many health related topics to include cancer services (breast, cervical and colorectal cancers), pedestrian safety, traffic safety, heart health, smoking cessation.

60 Central Ave., Room B-25, Cortland, NY 13045 ~ Phone 758-5524

Website: <http://cchd.cortland-co.org>

### **Cortland Migrant Education Outreach Program**

Open daily 8:00-4:30pm. Parents can visit the Center for information on parenting, children's education, improving parent literacy, and obtaining a high school equivalency certificate.

Monthly Parent Advisory Committee seminars on a range of household management topics.

Home Instruction Program for Preschool Youngsters, and educational program for 4-year-olds and their families. Eligibility: a member of the family works in agriculture and has moved to a different school district within the last three years.

B105 Van Hoesen Hall, SUNY Cortland, Cortland, NY 13045 ~ Phone 753-4706

### **CAPCO (Community Action Program of Cortland County)**

Non profit human service agency dedicated to meeting the needs of the disadvantaged located throughout Cortland County. 32 N. Main St. Cortland, NY 13045 ~ Phone 753-6781

Website: [www.capco.org](http://www.capco.org)

Programs include:

- Weatherization Assistance Program- Trained individuals help income eligible homeowners install energy saving measures
- Fee for Service- Energy audit that takes into consideration current conditions in participants homes. The audit reviews air infiltration rates, insulation levels, domestic hot water, heating system efficiency, duct work, and health and safety (carbon monoxide levels/moisture problems). Fees to include energy audit fee plus the cost of insulating and sealing services.
- Hot Water Tank Replacement- Referral from Red Cross/Project Share recipient, HEAP eligible household Energy Services Client. Household must be income eligible to participate.
- Community Action Angels (Family Essentials) - Assists families who are going without the basic necessities. The program offers free clothing, toiletries and other personal care items.
- Parents with Hope- Family life education and support group for parents with children of all ages. Topics include communication, step- parenting, addiction, discipline, and sibling rivalry and child safety.
- Head Start- Child development pre- school option provided in the home for 3 year olds and in a center based location for 4 year olds. Children must be 3 or 4 by December 1<sup>st</sup> of the program year, live within Cortland County and meet the income guidelines to participate.
- WIC (Women, Infants and Children)- Provides healthy foods, nutrition counseling and referrals to ensure the best possible health and growth for pregnant, breast feeding and postpartum women and children up to 5 years old. Must be income eligible to participate.
- Breastfeeding Peer Counseling- Mother's who have been specially trained to provide accurate information to help make breastfeeding mothers experience comfortable and joyful. Meetings are one on one with pregnant, breastfeeding women and their families.

**Toy Recalls due to high lead levels:**

Please refer to the following Websites to check for toy recalls due to high levels of lead.

<http://www.usrecallnews.com>

<http://www.cpsc.gov/cpscpub/prerel/category/toy.html>

<http://www.nyhealth.gov/environmental/lead/recalls/>

<http://www.cdc.gov/> (At search type *Recalls*)

**RESPIRE**

**Drop-in Center, YWCA**

Open Monday thru Friday 8:30am to 3:00pm. Children may stay up to 3 hours a day. Experienced staff, morning snack provided and fun activities. Please contact the YWCA for program rates. The Early Intervention Program (EIP) may cover the cost of Respite services if it is included in the Individualized Family Service Plan (IFSP).

14 Clayton Street Cortland, NY 13045 ~ Phone: 753- 9651

### **Respite Program, Madison/Cortland ARC**

Community and Family Support Services. Individual family support and advocacy - includes information and referral. Respite Services - provides "time off" when families need a break from caring for their loved one. Family reimbursement - families may choose to be reimbursed for the cost of respite or other approved items or services. Call 756-2015 for more information.

### **Home Care for Cortland County, Inc**

Skilled care in the home for children with developmental disabilities. In special circumstances, arrangements for care are made through Public Health Nursing or the Early Intervention Program. 111 Port Watson Street Cortland, NY 13045 ~ Phone 753-9326.

### **Central New York Development Services Office (CNYDSO):**

In special circumstances a variety of respite programs may be available through the CNYDSO, including skilled care, reimbursement to families for respite. Referral may be made through your Early Intervention Service Coordinator.

## **RECREATION**

### **Fun For Tots**

Cortland City Youth Bureau Program for children ages 1 to 5 and their parents. This program provides an opportunity for young children to interact with other children their own age and provides a chance for parents to get to know other parents in the community. Supervised play at the County Office Building gym and several field trips around the community. Monday and Wednesday 10:00 to 11:00am, September to June. A parent must stay during the program. Contact the City Youth Bureau to sign up and obtain the program fee. 35 Port Watson St. Cortland, NY 13045 ~ Phone: 753-3021 Extension 25

### **Cortland Family Fun & Resource Center**

A fun place to drop in and play with your child. Participation is free for all families with young children who live in the Cortland area. A large resource library provides books, videos, and magazines on a variety of parenting topics. Many fun activities are provided as well as screenings and workshops offered by community organizations. It's Free, Fun and open to everyone! Sponsored by Cornell Cooperative Extension of Cortland County. Hours: Monday, Tuesday and Friday: 9 a.m. to 3 p.m. and Wednesday and Thursday 11 a.m. to 7 p.m. 29 Main St. Cortland, NY 13045 ~ Phone: 753-1351

### **YWCA of Cortland**

- **Waterbabies 1 & 2** - Swimming classes where parent and child work towards gaining independence in aquatic skills and movement in the water. Teacher interaction and group activities will focus on feeling secure and content in the water. Waterbabies 1 (6-24 months), Waterbabies 2 (24 months to 3 years). Water is kept at a warm temperature. Call to obtain program fee and schedule.
- **Kiddie Splash** - A 45 minute fun time for parent and child (ages 6 months to 2 years). An instructor will provide toys and activities for you swim time. The first half is a class and second half is open swim. Call to obtain program fee and schedule.
- **Pre-school swim** - A water exploration class for the young child. Blowing bubbles, floats, arm coordination, and strokes will be taught. Children wear bubbles to assist in

swimming. Bubbles will be removed according to child's ability and confidence level. Ages 3- 4 is for less independent swimmers and 4- 5 for more independent swimmers. Call to obtain program fee and schedule.

- **Pollywogs & Pixies** – A class for parents and their 1 and 2 year olds. Develop motor skills through a ½ hour water exploration then head to the gym for a 45 minute pixie gym class. Call to obtain program fee and schedule.

14 Clayton Ave. Cortland, NY 13045 ~ Phone 753- 9651. Website: [www.cortlandywca.org](http://www.cortlandywca.org)

### **Therapeutic Horseback Riding**

Riding instruction for children and adults with disabilities provided by volunteers under direction of senior staff members.

Patchwork Therapeutic Riding Center 90 Old Peruville Road, Groton, NY 13073

Contact Lorraine or Bob Ackley ~ 607- 898- 3808 Website: [www.patchworkridingcenter.org](http://www.patchworkridingcenter.org)

### **SUNY Cortland – Adaptive Physical Education**

Physical Education for children with special needs and their siblings – all ages. Your child will work 1- on- 1 and in small group with a junior or senior PE student from SUNY Cortland.

Hours: Monday evening 6 p.m. to 7 p.m. / 7 p.m to 8 p.m. and Tuesday evening 6 p.m. to 7 p.m. / 7 p.m. to 8 p.m.

SUNY Cortland Campus, ~ Cortland, NY 13045 ~ Contact Dr. Tim Davis ~ Phone: 753- 4969

## **ADAPTIVE TOYS AND EQUIPMENT**

**ENABLE (Traid /Project Adapt):** A regional center with an assisted technology lending library of toys and equipment to enhance the life of children who have disabilities, especially physical disabilities. There is no charge to parents for registration or for borrowing toys or equipment. Equipment can be picked up at a drop- off location in Cortland. Talk with your Early Intervention Service Coordinator for information at 756- 3439.

1603 Court St. Syracuse, NY 13208 ~ Phone: 315- 455- 7591

Website: [www.enablecny.org](http://www.enablecny.org)

### **4- H Bicycle Safety Program Education Program**

Bike helmets available to youth and adults who use a bicycle for transportation. Low cost helmets are available based on need. By appointment please.

Cornell Cooperative Extension, 60 Central Ave., Room 105, Cortland, NY 13045 ~ Phone 753- 5077

## **CAR SEATS**

### **Traveling Tots Program- Cortland County Health Department**

Educational information on child safety seats, individual training on proper installation of safety seats and inspection of child safety seats for unsafe conditions. Low cost distribution of child safety seats based on a family's income. (By appointment please).

Cortland County Health Department 60 Central Ave., Room B- 25 Cortland, NY 13045 ~ Phone 758- 5509

Website: <http://cchd.cortland-co.org>

## **PARKING PERMITS**

### **Parking Permits for People with Disabilities**

Disabled parking permits are available for people for disabilities. Contact your local police agency for an application and more information.

## **ACCESS PASS**

An **Access Pass** permits a resident of New York State with a permanent disability, free use of parks, historic sites, and recreational facilities operated by the New York State Office of Parks, Recreation and Historic Preservation and the Department of Environmental Conservation. For an application, ask the Early Intervention Program or write to Access Pass, State Parks, Albany, NY 12238.

## **CLOTHING PROGRAMS**

### **Nearly New Clothing Shop (Cortland- Chenango Rural Services)**

Offering quality clothing for the whole family. All are welcome. Prices are low and free if needed. Call for times of operation.

2704 Lower Cincinnatus Road, Cincinnatus, NY 13040 ~ Phone: 863- 3828

## **FOOD AND NUTRITION PROGRAMS**

### **Salvation Army Food Pantry**

Every Monday- Friday 9:00am to 11:30am.

138 South Main St. Cortland, NY 13045 ~ Phone: 753- 9363

### **Catholic Charities Food Pantry**

Open Monday through Friday 1:30pm to 4:30pm

24 Church St. Cortland, NY 13045 ~ Phone: 756- 5992

### **Helping Hands Food Pantry (Cortland County Nutrition Program)**

Open Fridays 10:00am to 12:00pm

60 Central Ave. Cortland, NY 13045 ~ Phone: 753- 5061

### **Homer First United Methodist Church Food Pantry**

Available by appointment. Serving Homer residents with emergencies.

16 Cayuga St. Homer, NY 13077~ Phone: 749- 8564

### **St. Margaret's Church Food Pantry**

Available by appointment. Serving residents of the Homer, Preble and Scott area. No fee.

14 Copeland Ave. Homer, NY 13045 ~ Phone: 749- 2542

### **Harmony Helping Hand Food Pantry**

Pantry open the 3rd Tuesday of every month (3:30pm – 6:00pm)

726 Rt. 221 Harford, NY ~ Phone: 844- 4269

### **Virgil United Methodist Church Food Pantry**

Open 3<sup>rd</sup> Saturday of each month from 10:00 – 12:00. No appointment necessary.

1194 Church Street, Virgil, NY ~ Phone: 836- 6802

### **Marathon Town Hall Food Pantry**

Pantry open Tuesdays and Fridays 4pm

Marathon Town Hall, Marathon, NY ~ Phone: 849- 3960



### **McGraw Methodist Church Food Pantry**

Pantry open Wednesdays (6:00pm to 7:00pm) No appointment necessary.  
20 East Main St. McGraw, NY 13101 ~ Phone: 836- 6802

### **Truxton Senior Center Food Pantry**

Pantry open Monday- Thursday (9:00am - 1:30pm)  
United Methodist Church, Main St. Truxton, NY ~ Phone: 842- 6253

### **Willet Town Hall Food Pantry- Willet Senior Center**

Pantry Open Monday through Friday (9:00am - 2:00pm) No appointment necessary.  
Willet Town Hall ~ Phone: 863- 4887

### **Chenango- Cortland Rural Services Food Pantry**

Pantry open Monday - Friday (9:00am - 5:00pm) Saturdays (9am - 12:00pm)  
2704 Lower Cincinnatus Road, Cincinnatus, NY 13040 ~ Phone: 863- 3828

### **Nutrition Information/Education**

Cornell Cooperative Extension of Cortland County can answer nutrition questions and provide written information.

Cortland County Office Building 60 Central Ave., Rm 105, Cortland, NY 13045 ~ Phone: 753- 5077

### **Food Sen\$e of Cortland County**

A food program offering quality food at low cost. Sites in Cortland County include the Cortland Housing Authority, Cortland Loaves and Fishes, Lamont Memorial Library (McGraw), and Homer Community Building (Main St. Homer). Register in advance at the first part of the month at any of the host sites. Cash or food stamps are accepted.  
Phone 836- 6319 or 749- 8564.

### **Loaves and Fishes *Grace Episcopal Church***

Lunch is served Monday, Tuesday, and Thursday (12- 1pm); Dinner Wednesday and Friday (4:30- 6pm) Saturday - bag lunch (11:30- 12 noon). Anyone may come. No charge.  
13 Court St. Cortland, NY 13045 ~ Phone: 756- 6195

### **WIC *Women, Infants and Children Program***

Nutrition information and food supplements for eligible, pregnant and breast feeding women and children ages 1- 5. WIC provides vouchers for some of the foods needed for good health such as infant formula, milk and juice. WIC also provides nutrition education and breast feeding education and counseling. Cortland County residents. 32 N. Main St. Cortland, NY 13045 ~ Phone: 753- 6781

## **MONEY MANAGEMENT**

### **Family Budget Education Program**

The Cornell Cooperative Extension of Cortland County has trained family educators who can provide help in setting up a budget, using credit wisely, talking with creditors, and general financial planning. No fee charged.

Cortland County Office Building 60 Central Ave., Room 105 Cortland, NY 13045 ~ Phone: 753-5077

## **UTILITIES**

### **Life Line**

Families who receive any of the following benefits can receive a reduced rate on residence telephone services. (Medicaid, Family Assistance, Safety Net Assistance, Supplemental Security Income, Home Energy Assistance Program, Food Stamps, Veteran's Disability Pension, or Veteran's Surviving Spouse Pension). For more information or application, go to [www.askpsc.com](http://www.askpsc.com) or call (518) 474- 7080.

### **Utility Shutoff Protection**

NYS Public Service Commission's Special Protection Program protects eligible individuals against shutoff of electric, natural gas, steam and telephone utilities. For More information go to [www.askpsc.com](http://www.askpsc.com) or call the Commission at 1-800- 342- 3355.

### **Home Energy Assistance Program (HEAP)**

Help with heating bills for persons who meet the income and housing eligibility guidelines. Department of Social Services 60 Central Ave. Cortland, NY 13045 ~ Phone: 753- 5248. Press 2 for HEAP.

## **HOUSING**

### **Cortland Housing Assistance Council**

Assists persons in need of safe, decent, affordable housing including assistance in looking for a home or apartment, advice regarding delinquency in rent or mortgage payment, home management (budgeting, energy conservation, advice about home improvement and maintenance techniques), relocation assistance and consumer education. Administers the Pomeroy School Apartments. Also, grant for first time homebuyer. Applicants must meet income guidelines. 36 Taylor St. Cortland, NY 13045 ~ Phone: 753- 8271      Website: [www.cortlandhousing.org](http://www.cortlandhousing.org)

### **Cortland County Department of Social Services**

Financial assistance for housing costs provided to those who are eligible. Call for an application and screening.

Cortland County Office Building, 60 Central Ave. Cortland, NY 13045 ~ Phone: 753- 5332

### **Cortland Housing Authority**

Two Programs Available

- **The Public Housing Program** consists of 380 apartments throughout Cortland County for income- eligible; elderly, handicapped, and disabled individuals as well as small and large families.
- **The Section 8 Housing Choice Voucher Program** assists income- eligible; elderly, handicapped, and disabled individuals as well as small and large families throughout Cortland County, subsidize a portion of their rent in private apartments.

Application/Contact Information: 51 Port Watson Street, Cortland, NY 13045 ~ Phone: 753- 1171 Extension 235

## **LEGAL SERVICES**

### **Legal Services of Central New York Inc./Legal Aid Society of Mid New York Inc.**

Represents low income families who have problems with Social Services, Social Security, landlords, food stamps, Medicaid, public assistance. Also represent clients in divorce and consumer matters. Must reside in Cortland County. James Murphy, Supervising Attorney. 111 Port Watson St. Cortland, NY 13045 ~ Phone 753- 1134.

## **HEALTH AND MEDICAL**

### **Genetics Evaluation:** *SUNY Health Science Center, Syracuse, NY.*

The Genetics Center is a program for children and adults with concerns about genetic disorders, birth defects and related issues. A Board Certified geneticist and two Board Certified experienced genetic counselors provide genetic services. Website:

[www.upstate.edu/uh/genetics/](http://www.upstate.edu/uh/genetics/)

750 East Adams Street Syracuse, NY 13210- 1834 ~ Phone: 315 464- 5540 or Toll Free: 877 464- 5540

### **CPR/First Aid Classes** *American Red Cross for Cortland County*

Adult and Infant/Child CPR. Advanced registration and payment required.

111 Port Watson St. Cortland, NY 13045~ 753- 1182 Website: [www.redcross.org](http://www.redcross.org)

## **Cortland County Health Department Clinics and Programs**

**County Office Building 60 Central Ave. Cortland**

Website: <http://cchd.cortland-co.org>

### **Physically Handicapped Children's Program (PHCP)**

Provides financial and referral services for children under 21 with chronic or physically handicapping conditions.

Phone: 756- 3439, 8:00 a.m. - 4:00 p.m., Monday- Friday.

### **Children with Special Health Care Needs Program (CSHCN)**

Identification of children who have or are suspected of having special health care needs and providing them with referrals to appropriate options to families and providers.

Phone: 756- 3439, 8:00 a.m. - 4:00 p.m. Monday - Friday.

### **Medicaid Obstetrical Maternal Services (MOMS)**

Available to pregnant women of any age with a gross income at or below 200% of the federal poverty level and who are receiving prenatal care in Cortland County. Services include health education, nutrition education, health risk assessment, certified HIV counseling, access to Medicaid, financial assistance for childbirth classes, access to WIC, referrals to Maternal and Child Health home visits. No direct cost to clients. Phone: 753- 5341.

### **Immunization Clinic**

Routine immunizations provided at no charge to under insured and uninsured persons up to age 19. Scheduled by appointment. Call 753- 5203 between 8am to 12pm and 1pm to 4pm for information and appointment. Clinics scheduled during the daytime and evening hours.

### **Lead Screening**

Serves children ages 6 months to 6 years. Blood lead testing for under-insured or uninsured children (others advised to obtain screening through their physician). Also information and counseling about lead hazards available to all (no fee). Call 753- 5203 between 8am and 4pm for information and appointment.

### **Smoking Cessation Services**

Health Education Division. Information on self- help materials, cessation program, and alternative quitting methods available for residents of Cortland County. Smoking Cessation Service Directory available. Call 758- 5501 for more information.

## **THIRD- PARTY PAYMENTS**

### **Child Health Plus**

Child Health Plus offers health insurance to children ages birth through 18 years within New York State who family income falls within certain limits. The purpose of Child Health Plus is to ensure that all eligible children receive the basic, routine, preventive health care that keeps children healthy and protects them from common childhood diseases and illnesses. Child Health Plus is made available by New York State law that provides funding for children's health insurance. Guidebook and application is available from your Early Intervention Ongoing Service Coordinator or contact a facilitated enroller directly at 753- 5341.

### **Family Health Plus**

Family Health Plus offers health insurance to individuals ages 19- 64 years within New York State who family income falls within certain limits. The purpose of Family Health Plus is to ensure that all eligible individuals receive basic, routine, prevention health care that keeps people healthy and protects them from common diseases and illnesses. Family Health Plus is made available by New York State law that provides funding for individuals health insurance. Guidebook and application are available from your local Early Intervention Program or contact a facilitated enroller directly at 753- 5341.

### **Supplementary Security Income (SSI)**

A program based on financial need and disability. SSI provides supplemental income and medical insurance. Call 1- 800- 772- 1213 with questions or to have the application sent to you. (The Social Security Office has a "contact station" on Thursdays from 9:30am to 1:30pm on the 2<sup>nd</sup> floor of the County Office Building at 60 Central Avenue, Cortland, NY.)

## **MEDICAID ASSISTANCE TRANSPORTATION**

### **Reimbursable transportation: Only trips to and from a Medicaid reimbursable service**

Contact the Cortland Transit, Inc., at least three (3) working days prior to the scheduled appointment and they will assess eligibility and assist in setting up the transportation  
21 Squires Street, Cortland, NY 13045~ Phone: 758- 3383.

### **Emergency Transportation**

In emergencies, if no other transportation is available, you may call your local ambulance service. Emergency ambulance service does not require prior approval. To reach the ambulance service, DIAL 911.

## **Other Resources: Developmental and/or Pediatric**

### **Institute for Child Development**

Department of Psychology ~ Dr. Ray Romanczyk  
P.O. Box 6000  
SUNY Binghamton  
Binghamton, NY 13092-6000  
Phone: 607-777-2829

### **Rochester General Behavioral Pediatrics Program**

Parnall Building  
1445 Portland Ave, Suite 204  
Rochester, NY 14621  
Phone: 585-922-4698      Website: [www.rochestergeneral.org](http://www.rochestergeneral.org)

### **Margaret L. Williams Developmental Evaluation Center**

215 Bassett Street  
Syracuse, NY 13210-2113  
Phone: 315-472-4404      Website: [www.developmentalevaluationcenter.com](http://www.developmentalevaluationcenter.com)

### **Developmental Pediatrics ~ Dr. Malone**

7B Johnson Road  
Latham, NY 12110  
Phone: 518-782-7733

### **Andrew Kirch Developmental Services**

Strong Memorial Hospital/Golisano Children's Hospital, P.O. Box 671, 601 Elmwood Ave,  
Rochester, NY  
Phone: 585-275-2986      Website: [www.stronghealth.com](http://www.stronghealth.com)

## **Helpful Websites for Families**

### **Healthy Kids**

Website: [www.kidshealth.org](http://www.kidshealth.org)

This website has information for parents and professionals that is easy to navigate, parent friendly and covers topics that include: general health, growth and development, positive parenting and first aid.

## **American Academy of Pediatrics, Healthy Children**

Website: [www.healthychildren.org](http://www.healthychildren.org)

This website has information for parents that is easy to navigate, parent friendly and includes: childhood illness, developmental information, tips, nutrition and a newsletter.

## **Centers for Disease Control and Prevention**

Website: [www.cdc.gov](http://www.cdc.gov)

This website includes all information for all populations and health related questions. For children this includes: Life Stages and Populations and the Learn the Signs, Act Early portions of the website. Childhood development, parenting, immunization information and disease information are just a small portion of information available on this website.

## **New York State Department of Health**

Website: [www.nyhealth.gov](http://www.nyhealth.gov)

This website has information found under the Early Intervention Program includes information on growth and development, hearing screenings, autism and related links to agencies/services for families.

## **National Institutes of Health**

Website: [www.nih.gov](http://www.nih.gov)

This website offers information on health and developmental disabilities to families with links to related information.

## **Central New York Early Childhood Direction Center**

Website: <http://ecdc.syr.edu>

This website offers newsletters, guides on special education, checklists for behaviors, sensory and developmental and links to other resources for families.

Updated 2/11  
CSNALL 2 Intake packet  
Resources for Families