

**Cortland County Area Agency on Aging
2020-2024 Four Year Plan
Federal and State Defined Goals**

1. Empower Older Adults, individuals with disabilities, their families and the public to make informed decisions about, and be able to access, existing health, long term services and supports and other service options.
2. Enable older New Yorkers to remain in their own homes with high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.
3. Empower older New Yorkers to stay active and healthy through Older Americans Act services and those offered under Medicare.
4. Integrate discretionary grants with Older American Act Title III core programs.
5. Promote the rights of older New Yorkers and prevent their abuse, neglect and exploitation.
6. Work in conjunction with other partners and the County to be prepared to respond in emergencies and disasters.
7. Other goals as defined by the agency...